

AUGUST 2015 Senior Center Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Fried Chicken Drumsticks	4 Chili/Rice	5 BBQ Chicken	6 Lasagna	7 Baked Fish
Macaroni/Cheese	Mixed Vegetables	Delmonico Potato	Tossed Salad	Oven Roasted Potato
Green Beans	Cornbread	Mixed Greens	Garlic Bread	Vegetable
Fruit	Fruit	Fruit	Fruit	Blend
Roll/Milk	Milk	Roll/Milk	Milk	Fruit
Vegetarian	Vegetarian	Vegetarian	Vegetarian	Roll/Milk
				Vegetarian
10 Swedish Meatballs	11 Deli Sub	12 Salisbury Steak	13 Beef BBQ	14 Italian Sausage on Bun
Noodles	Pasta Salad	Whipped Potatoes	Cole Slaw	Braised Cabbage
Vegetable Blend	Chips	Green Peas	Corn	Whole Potato
Fruit	Milk	Roll/Milk	Fruit	Fruit
Roll/Milk	Vegetarian ///	Fruit	Milk	Roll/ Milk
Vegetarian		Vegetarian	Vegetarian	Vegetarian "" "
17 Stuffed Cabbage	18 Baked Fish	19 Chicken Patty Sandwich	20 Roast Beef	21 Fajita Salad
Corn	Baked Potato	Black Bean Salad	Mashed Potato	Pickled Beets
Broccoli	Veggie Blend	Chips	Green Peas	Cheese cubes
Fruit	Roll/Milk	Fruit	Fruit	Fruit
Roll/Milk	Fruit	Milk	Roll/Milk	Roll/Milk
Vegetarian	Vegetarian	Vegetarian	Vegetarian	Vegetarian
24 Escalloped Chicken	25 Cheeseburger	26 Hot Dog on Bun	27 Ham/ Cheese Sandwich	28 Ham Quiche
and Noodles	Oven Roasted Potatoes	Baked Beans	Macaroni Salad	Glazed Apples
Sliced	Tossed Salad	Mixed	Chips	Broccoli
Carrots	Fruit	Vegetable	Fruit §	Fruit
Fruit	Milk	Fruit	Milk	Milk
Biscuit/Milk	Vegetarian	Milk	Vegetarian ///) //	Vegetarian
Vegetarian	_	Vegetarian		_
31 Tuna Salad on Bun	Menu subject to	N A		Reservation
Pasta Salad	change due to the		SUMMER	Required
Chips	availability of products			PLEASE reserve Your
Fruit				Lunch at least 24 hours
Milk				before the day you
Vegetarian			Donations are accepted and appreciated	would like to attend

